

ANNOUNCEMENTS

Today is the last day of our Stewardship Drive. You can turn in your pledge card at service or at mcuuf2.org/stewardship

UPCOMING SERVICES AND EVENTS

- June: Pride Month! More info at mcuuf2.org/pride2025
- June 11 - Second choir rehearsal for the Flower Communion service.
- June 11, 6-8 pm - Joint Potluck and Discussion with the Rockford Grange about beautifying the Grange for all. Potluck Theme: Salad!
- June 15 - Flower Communion Service at the Penchoen home. In person only.
- June 18-22 - The UUA General Assembly (Baltimore and online).
- Thurs. June 19 - 3-8 pm - Juneteenth at Jackson Park. See support needed to volunteer.
- June 22 - Service will be at-home viewing of the UUA General Assembly.
- June 22 - 7 pm, Stonewall Uprising Film & Discussion at the Grange.
- Sun. June 29 MCUUF's Annual Congregational Meeting.
- Sun. June 29 12:30-2 pm, Fourth Workshop in series, "Speaking of Death: Death Care" with Tamara Thiel and Rev. Barbara Prose, by donation.
- Visit mcuuf2.org to read up on all the upcoming events and services.

SUPPORT NEEDED

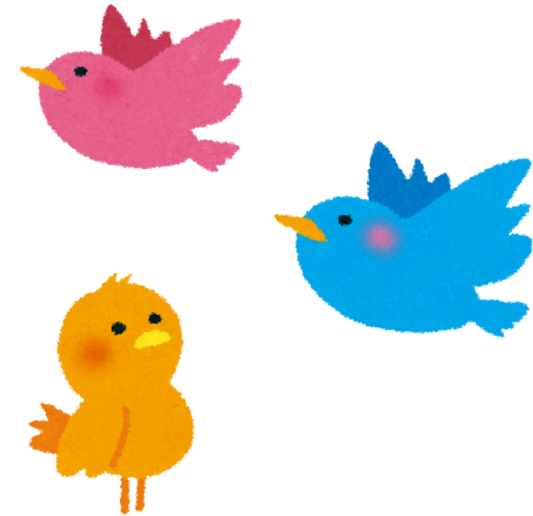
- Greeters needed to provide a warm welcome on site and on zoom. Contact Debbie Olson: (509) 774-7773.
- Farmers Market tabling help needed and yard signs available for the We Are Immigrants/Somos Inmigrantes Campaign. Leanne Hogue (541-645-0443).
- Juneteenth - Volunteers needed for tabling at celebration. See sign up sheet at service or contact Pat (pebrady1@gmail.com). Choir opportunity also available, practices June 16/18. See mcuuf2.org/events

REMINDERS

- MCUUF Board nominations are invited: Four 2-yr positions, and three
- 1-yr Nominating Committee positions, beginning July 1.
Please contact Dennis Carlson, Aera Atkins or Kathy Jubitz.
- Childcare is available at services thanks to Elaina Kingston.

Please submit announcements by 12 pm Tues & Fri. Now also accepting contributions of art, photos, poetry or writing on June's theme of "Joy" for online publication. Email administrator@mcuuf.org with your contribution.

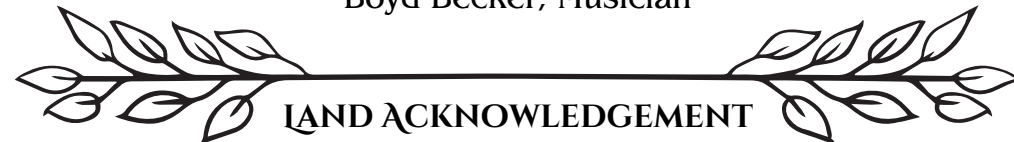
HOW TO LIVE FREE OF FEAR AND WORRY



MID-COLUMBIA UNITARIAN
UNIVERSALIST FELLOWSHIP

SUNDAY, JUNE 8, 2025

Venerable Bhante Patthago, Speaker
Erika Rench and Tamara Thiel, Celebrants
Boyd Becker, Musician



LAND ACKNOWLEDGEMENT

We gratefully acknowledge the many Indigenous tribes, who for millennia have stewarded the land on which we now meet, and we recognize and honor their enduring presence as our neighbors and fellow citizens. May their sacrifices, their resilience, and their ongoing contributions be in our minds and hearts as we gather today.

ORDER OF SERVICE

PRELUDE

WELCOME AND ANNOUNCEMENTS

OPENING WORDS

The Simile of the Saw- Majjhima Nikaya 21-

The Words of the Buddha Herein bhikkhus you should train thus:

‘Our minds will remain unaffected and we shall utter
nobad words and we shall abide compassionate for welfare
with a mind of lovingkindness and noinner hate.’

And herein you should should train thus: ‘My mind will be unaffected
and I shallutter no bad words and I shall abide compassionate
for welfare with a mind of lovingkindness and no inner hate.’

CHALICE LIGHTING

Celebrant: We are Unitarian Universalists.

Congregation: We light this chalice in faith, in hope, and in love.

OPENING HYMN

SHARING OF JOYS AND SORROWS

LOVING KINDNESS - METTA MEDITATION

SPECIAL MUSIC

“You Can’t Always Get What You Want”

DHAMMA TEACHING

OFFERTORY

The June plate is shared with the
Gorge Pride Alliance (linktr.ee/cgpridealliance)

Whose goal is to bring education and representation of
LGBTQAI2S+ communities to the Gorge. To Donate: Text (541)
625-2013 or visit mcuuf2.org/donate

CLOSING SONG

“Three Little Birds” by Bob Marley and the Whalers
(see lyrics on opposite page)



EXTINGUISHING THE CHALICE

We extinguish this flame but not the light of truth, the warmth of
community, or the fire of commitment. These we carry in our hearts
until we are together again. (Elizabeth Selle Jones, #456)

CLOSING CIRCLE

“Fuente de Amor” / “Spirit of Life”

SENDING US OUT

Three Little Birds - Bob Marley and the Whalers

Don't worry about a thing

'Cause every little thing gonna be alright

Singing' don't worry about a thing

'Cause every little thing gonna be alright

Rise up this mornin'

Smiled with the risin' sun

Three little birds

Pitch by my doorstep

Singin' sweet songs

Of melodies pure and true

Saying' (this is my message to you)

Singing' don't worry 'bout a thing

'Cause every little thing gonna be alright

Singing' don't worry (don't worry)

'bout a thing

'Cause every little thing gonna be alright

Rise up this mornin'

Smiled with the risin' sun

Three little birds

Pitch by my doorstep

Singin' sweet songs

Of melodies pure and true

Sayin', this is my message to you-ou-ou

Singing, “Don't worry about a thing”

(Worry 'bout a thing, oh)

“Every little thing gonna be alright” (Don't worry)

Singing, “Don't worry about a thing” (I won't worry)

“Cause every little thing gonna be alright”

Singing, “Don't worry about a thing

Cause every little thing gonna be alright” (I won't worry)

Singing, Don't worry about a thing

Cause every little thing is gonna be alright”

Singing, “Don't worry about a thing”

(Don't worry bout a thing)

“Cause every little thing gonna be alright”

OUR 7 UNITARIAN UNIVERSALIST PRINCIPLES AFFIRM AND PROMOTE:

1. The inherent worth and dignity of every person;
2. Justice, equity and compassion in human relations;
3. Acceptance of one another and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.